

# GPC CARPATHIAN CUP 2015, Trutnov, Czech Rep.

## BENCHPRESS Men (RAW)

kateg.		Name	Country	Weig.	Age	Bench				reshel	reshel		
		Surname				1.	2.	3.	4.			Place	open
<b>67,5</b>	1.	Antoni KALINSKY	Poland	67,20	M60/65	107,5	112,0	115,0		115,0	1	142,83	205,67
<b>75,0</b>	1.	Grzegorz LUKOW	Poland	74,80	OPEN	130,0	140,0	-145,0		140,0	1	156,38	
	2.	Ondřej KOHOUT	Czech Rep.	73,20	T13/15	75,0	82,5	90,0		90,0	1	103	121,4
	3.	Dominik PONOCNY	Czech Rep.	73,00	T13/15	65,0	-75,0	-75,0		65,0	2	75	88
<b>82,5</b>	1.	Michal KOZAK	Slovakia	75,90	OPEN	142,5	152,5	160,0		160,0	1	176,5	
	2.	Roch SZUMAROWSKI-PLEWA	Poland	80,20	M40/44	140,0	150,0	-165,5		150,0	1	157,7	159,9
	3.	Milan SUK	Czech Rep.	78,70	M50/54	140,0	145,0	-151,0		145,0	1	155,0	184,0
	4.	Martin BARÁNEK	Czech Rep.	80,30	M45/49	127,5	132,5	137,5		137,5	1	144,5	157,9
	5.	Lukáš DORINSKÝ	Czech Rep.	81,40	OPEN	135,0	-140,0	-142,5		135,0	2	140,3	
	6.	Michal ZYGMUNT	Poland	76,10	T18/19	-115,0	115,0	-125,0		115,0	1	126,9	134,1
<b>90,0</b>	1.	Karel MIKES	Czech Rep.	84,30	OPEN	150,0	-155,0	-155,0		150,0	1	151,65	
	2.	Miroslav VÍTEK	Czech Rep.	88,30	OPEN	140,0	145,0	-150,0		145,0	2	141,95	
	3.	Patryk HAJDUK	Poland	84,90	T18/19	110,0	130,0	-150,0		130,0	1	130,78	138,62
<b>100,0</b>	1.	Hovhannes YAZICHYAN	Poland	91,60	OPEN	195,0	200,0	-205,0		200,0	1	191,2	199,61
	2.	Martin HORÁK	Czech Rep.	97,40	OPEN	165,0	172,5	175,0		175,0	2	161,87	
	3.	Lukays GAJDULEWICZ	Poland	95,50	T18/19	150,0	157,5	162,5		162,5	1	151,77	160,38
	4.	Miroslav DRNEK	Czech Rep.	92,20	M40/44	145,0	157,5	162,5		162,5	1	154,7	159,03
	5.	Petr REIF	Czech Rep.	95,60	OPEN	145,0	152,5	160,0		160,0	3	149,28	
	6.	Mateusz GORZEDOVWSKI	Poland	94,50	T16/17	150,0	157,5	-165,5		157,5	1	147,89	159,72
	7.	Milan VYSOKÝ	Slovakia	92,20	JUN	150,0	-155,0	155,0		155,0	1	147,5	151,98
	8.	Miroslav ORLOWSKI	Poland	94,60	M70/74	130,0	135,0	137,5		137,5	1	129,12	224,41
	9.	František ESSER	Czech Rep.	91,70	M65/69	115,0	-125,0	-125,0		115,0	1	109,94	182,94
<b>110,0</b>	1.	Vlastimil KUZEL	Czech Rep.	109,80	OPEN	235,0	242,5	245,0		245,0	1	216,82	
	2.	Daniel ANDRYS	Czech Rep.	104,40	OPEN	200,0	207,5	212,5		212,5	2	191,03	
	3.	Gomula RAFAL	Poland	105,70	M40/44	197,5	205,0	210,0		210,0	1	188,16	188,16
	4.	Patrik NAVARA	Czech Rep.	105,60	OPEN	185,0	195,0	-200,0		195,0	3	174,72	
	5.	Milan KOHOUT	Czech Rep.	109,00	M40/44	165,0	175,0	182,5		182,5	2	161,87	164,14
	6.	Jozef HARAMDZA	Slovakia	108,30	OPEN	170,0	180,0	-187,5		180,0	4	160,02	
	7.	Wojcik RAFAL	Poland	109,20	OPEN	165,0	-175,0	-180,0		165,0	5	146,35	
	8.	Pavel NOSEK	Czech Rep.	101,80	T18/19	130,0	135,0	140,0		140,0	1	127,26	134,74
	9.	Tomáš KOPŘIVA	Czech Rep.	107,40	OPEN	135,0	140,0	-147,5		140,0	6	124,74	
	10.	Alexei GLATMAN	Ukraine	105,00	M40/44	115,0	-122,5	-125,0		115,0	3	103,27	104,71
	11.	Otakar MACHYTKA	Czech Rep.	109,00	M70/74	100,0	110,0	-115,0		110,0	1	97,57	169,77

<b>125,0</b>	1.	Jaroslav VDOVICHENKO	Ukraine	114,50	OPEN	240,0	250,0	<b>252,5</b>		<b>252,5</b>	1	220,43	
	2.	Bartosz CHALAJ	Poland	123,80	OPEN	<b>235,0</b>	-248,0	x		<b>235,0</b>	2	201,86	
	3.	František TESÁŘIK	Czech Rep.	118,90	M40/44	210,0	<b>220,0</b>	-225,0		<b>220,0</b>	1	190,52	193,18
	4.	Marcin GORZEDOWSKI	Poland	116,40	M40/44	190,0	<b>200,0</b>	<b>205,0</b>		<b>205,0</b>	2	178,35	186,19
	5.	Michal PUZRLA	Czech Rep.	112,10	OPEN	190,0	<b>200,0</b>	-202,5		<b>200,0</b>	3	175,8	
	6.	Wiktor SZLAPKA	Poland	120,80	JUN	185,0	192,5	<b>200,0</b>		<b>200,0</b>	1	172,4	172,4
	7.	Pavel HLAVÁČEK	Czech Rep.	116,40	OPEN	-190,0	<b>190,0</b>	-202,5		<b>190,0</b>	5	165,3	
	8.	Jaroslav ZUBKO	Czech Rep.	110,10	OPEN	180,0	<b>190,0</b>	-200,0		<b>190,0</b>	4	167,96	
	9.	Christian LUCAS	France	113,50	M55/59	182,5	<b>187,5</b>	x		<b>187,5</b>	1	163,81	221,14
	10.	Jiří HAJEK	Czech Rep.	120,40	M50/54	160,0	167,5	<b>172,5</b>		<b>172,5</b>	1	148,86	176,7
	11.	Robert HLAVATY	Czech Rep.	117,00	M45/49	150,0	160,0	<b>165,0</b>		<b>165,0</b>	1	143,38	157,15
<b>140,0</b>	1.	Zbigniew DREWNIAK	Poland	125,10	OPEN	190,0	200,0	<b>210,0</b>		<b>210,0</b>	1	179,97	
	2.	Zbigniew DREWNIAK	Poland	125,10	M40/44	190,0	200,0	<b>210,0</b>		<b>210,0</b>	1	180,18	182,48
	3.	Adam ŠVEHLA	Czech Rep.	137,50	OPEN	190,0	<b>200,0</b>	-210,0		<b>200,0</b>	2	168,6	
	4.	Krzysztof HALCZYK	Poland	129,60	M40/44	175,0	<b>185,0</b>	x		<b>185,0</b>	2	157,52	157,52
<b>140+</b>	1.	Tomasz WEGLINSKI	Poland	143,30	OPEN	220,0	<b>230,0</b>	x		<b>230,0</b>	1	192,51	
	2.	Jan VITEK	Czech Rep.	148,60	M40/44	185,0	<b>192,5</b>	-200,0		<b>192,5</b>	1	160,16	167,2
	3.	Dylan HIERCHE	France	151,60	JUN	<b>180,0</b>	-200,0	0,0		<b>180,0</b>	1	149,22	153,69
	4.	Jerzy KOT	Poland	145,40	M45/49	160,0	170,0	<b>180,0</b>		<b>180,0</b>	1	150,3	164,72
	5.	Dominik OZDOBIŃSKI	Poland	154,10	OPEN	145,0	<b>155,0</b>	-160,0		<b>155,0</b>	2	128,18	

## GPC CARPATHIAN CUP 2015, Trutnov, Czech Rep.

### BENCHPRESS Women(RAW)

kateg.		Name		Country	Weig.	Age	Bench				Place	reshel	reshel	
		Surname					1.	2.	3.	4.		open	age	
<b>52,0</b>	1.	Dana	BRUSOVÁ	Slovakia	49,60	JUN	75,0	<b>80,0</b>	-82,5		<b>80,0</b>	1	176,16	
<b>60,0</b>	1.	Malgorzata	PRAWIC	Poland	57,90	OPEN	-70,0	-75,0	<b>75,0</b>		<b>75,0</b>	1	137,85	
	2.	Dominika	NOVOTNA	Czech Rep.	59,00	OPEN	67,5	<b>70,0</b>	-72,5		<b>70,0</b>	2	126,56	
<b>67,5</b>	1.	Monika	PUZDEROVA	Slovakia	63,10	OPEN	80,0	85,0	<b>90,0</b>		<b>90,0</b>	1	153,99	
<b>82,5</b>	1.	Irena	DVORSKA	Czech Rep.	81,00	M40/44	90,0	<b>100,0</b>	-105,0		<b>100,0</b>	1	148,80	
	2.	Agata	SZLAPKA	Poland	81,90	OPEN	-65,0	<b>65,0</b>	-75,0		<b>65,0</b>	1	96,13	

#### RAW BENCHPRESS

##### Absolute Winner - MEN

1.	Jaroslav VDOVICHENKO	Ukraine	220,43
2.	Vladimír KUŽEL	Czech rep.	216,83
3.	Bartosz CHALAJ	Poland	201,86

Absolute Winner - WOMEN			
1.	BRUSOVÁ Dana	Slovakia	176,16
2.	Monika PUZDEROVÁ	Slovakia	153,99
3.	Irena DVORSKÁ	Czech rep.	148,8
Absolute Winner -MEN TEEN.			
1.	Lukays GAJDULEWICZ	Poland	160,38
2.	Mateusz GORZEDOWSKI	Poland	159,72
3.	Patryk HAJDUK	Poland	138,62
Absolute Winner - MEN JUN			
1.	Wiktor SZLAPKA	Poland	172,4
2.	Dylan HIERCHE	France	153,69
3.	Milan VYSOKÝ	Slovakia	151,98
Absolute Winner - MEN MASTERS			
1.	Miroslav ORLOWSKI	Poland	224
2.	Christian LUCAS	France	221
3.	Antoni KALIŃSKI	Poland	206

## GPC CARPATHIAN CUP 2015, Trutnov, Czech Rep.

### BENCHPRESS - Men (EQ)

kateg.		Name	Country	Weig.	Age	bench				Place	reshel	reshel	
		Surname				1.	2.	3.	4.		open	age	
67,5	1.	Filip KANÁK	Czech Rep.	64,40	JUN	70,0	80,0	92,5		92,5	1	120,25	121,45
82,5	1.	Jozef GREGA	Slovakia	81,20	JUN	245,0	-252,5	-252,5		245,0	1	255,04	260,14
90,0	1.	Marek BIROS	Slovakia	90,00	OPEN	215,0	-225,0	-240,0		215,0	1	208,33	
	2.	Viliam BUZINKAY	Czech Rep.	86,40	OPEN	-180,0	190,0	-215,0		190,0	2	188,86	
	3.	Jozef SLIMÁK	Slovakia	87,70	M45/49	170,0	182,5	190,0		190,0	1	187,15	211,85
		Pieter FLAMME	France	89,70	OPEN	-210,0	-210,0	-210,0		0,0		0,00	
100,0	1.	Tomáš KRIZ	Slovakia	96,80	JUN	240,0	-250,0	-250,0		240,0	1	222,72	224,7
	2.	Pavel DRTINA	Czech Rep.	93,00	OPEN	200,0	210,0	220,0		220,0	1	208,56	
	3.	Miroslav DRNEK	Czech Rep.	92,20	M40/44	185,0	200,0	-205,0		200,0	1	190,40	195,73
	4.	Tomáš SADY	Slovakia	96,10	OPEN	-190,0	-190,0	190,0		190,0	2	176,89	
	5.	Ján MATEJ	Slovakia	93,40	M65/69	145,0	152,5	160,0		160,0	1	151,20	246,45
	6.	Franciszek SZABLUK	Poland	95,90	M55/59	-230,0	-230,0	-230,0		0,0		0,00	
110,0	1.	Petr HRON	Czech Rep.	108,60	OPEN	230,0	-250,0	-250,0		230,0	1	204,24	
	2.	Ulrich VETTER	Germany	104,90	M60/64	182,5	-192,5	192,5		192,5	1	172,20	254,11
125,0	1.	Gregorz WALGA	Poland	115,90	OPEN	335,0	-345,0	-350,0		335,0	1	291,78	
	2.	Mickaël DUPIRE	France	116,80	M40/44	260,0	-280,0	-280,0		260,0	1	226,20	227,06
	3.	Ján VELGOS	Slovakia	113,70	T13/15	185,0	195,0	205,0		205,0	1	179,37	220,63

		Petr BOLF	Czech Rep.	114,50	OPEN	-330,0	-330,0	-335,0		0,0		0,00	
140,0	1.	Krzysztof HALCZAK	Poland	129,10	M40/44	190,0	200,0	-210,0		200,0	1	170,40	170,4
		Dylan HIRECHE	France	151,60	JUN	-275,0	-275,0	-293,0		0,0		0,00	0
140+	1.	David ZDRAZIL	Czech Rep.	150,50	OPEN	270,0	295,0	300,0		300,0	1	249	
	2.	Jan VITEK	Czech Rep.	148,60	M40/44	217,5	225,0	230,0		230,0	1	191,36	199,77

## GPC CARPATHIAN CUP 2015, Trutnov, Czech Rep.

### BENCHPRESS - Women (EQ)

kateg.		Name		Country	Weig.	Age	bench				reshel	reshel		
		Surname					1.	2.	3.	4.			Place	open
67,5	1.	Minika	PUZDEROVA	Slovakia	63,10	OPEN	115,0	130,0	135,0		135,0	1	230,98	

#### RAW BENCHPRESS

##### Absolute Winner - MEN

1.	Grzegorz WALGA	Poland	291,78
2.	ZDRAZIL Dávid	Czech rep.	249
3.	Pavel DRTINA	Czech rep.	208,56

##### Absolute Winner - WOMEN

1.	PUZDEROVÁ Monika	Slovakia	230,98
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##### Absolute Winner - MEN TEEENS

1.	Ján VELGOS	Slovakia	220,63
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##### Absolute Winner - MEN JUN

1.	Jozef GREGA	Slovakia	260,1
2.	Tomáš KRÍŽ	Slovakia	224,7
3.	Filip KANAK	Czech Rep.	121,45

##### Absolute Winner - MEN MASTERS

1.	Ulrich VETTER	Germany	254
2.	Ján MATEJ	Slovakia	246
3.	Michael DUPIRE	France	227